

# Personal Trainer Availability

Below is the personal trainer availability, please feel free to contact the trainer that has a schedule that works for you and set up an initial assessment.

## Prices

**30 Minutes = \$45.00**

**1Hour = \$80.00**

### Matt Blumer - (941)-724-0571

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am - 2:00pm	7:00am - 9:00am	10:00am - 2:00pm	7:00am - 9:00am	10:00am - 2:00pm		

### Dan Furnare - (941) 345-6248

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00am - 10:00am	2:30pm - 7:30pm	7:30am - 10:00am & 6:30pm - 7:30pm	2:30pm - 7:30pm	2:30pm - 5:30pm	10:00am - 2:30pm	

### Ildi Bercak - (941) 993-6299

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:30am - 8:25am & 11:00pm - 2:00pm	11:30pm - 2:00pm	6:30am - 8:25am & 12:00pm - 2:00pm	11:00am - 2:00pm		

**Carla Peralta - (941) 276-1887**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
6:30am - 8:30am & 12:30pm - 2:30pm		6:30am - 8:30am & 12:30pm - 2:30pm			6:30am - 8:30am & 12:30pm - 2:30pm	

**Adria Lopez - (954)-243-3949**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
11:00am - 4:00pm	10:00am - 4:00pm	11:00am - 2:00pm	8:00am - 4:00pm	11:00am- 4:00pm		