

Personal Trainer Availability

As a resident of Esplanade you are eligible for a free Fitness Assessment with a personal trainer one time. If you have not taken advantage of this then please contact one of the trainers below.

Prices

30 Minutes = \$45.00

1Hour = \$80.00

Packs available

Please contact the trainers directly to book your appointments

Matt Blumer - (941)-724-0571

Dan Furnare - (941) 345-6248

John Bruno - (814) 397-6201

Carla Peralta - (941) 276-1887

Adria Lopez - (954)-243-3949

Amy Banfill - (610)-428-6768